



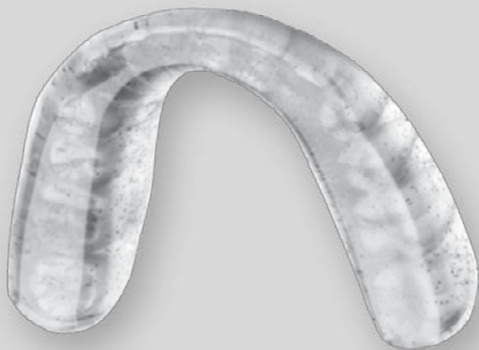
# Prescribe the Best in Protection

## With Nightguards from DDA

Nightguards are the ideal solution when a patient suffers from nighttime bruxism and clenching. Fabricated out of high-quality materials, the nightguards from Denver Dental Arts ensure continued health and stability of a patient's natural dentition and restorations. Our team of technicians use traditional or digital impressions to craft patient-specific nightguards that will perfectly fit over your patient's teeth.

### Hard Nightguard

- Hard acrylic outer layer for extreme durability
- Available in any color, glow-in-the-dark, and glitter



### Hard/Soft Nightguard

- Soft inner layer for increased comfort
- Available in any color, glow-in-the-dark, and glitter



**Please visit [www.ddalab.com/send-a-case](http://www.ddalab.com/send-a-case) to prescribe our high-quality nightguards!**

Additional  
Information  
On Back!

# Valuable Tips & Tricks for Every Nightguard Case

## Impressions Requirements

- There are two typical methods of impression material, such as alginate and polyvinyl siloxane (PVS). DDA recommends PVS impressions whenever possible. This material allows us to repour if necessary and ensure every nightguard has ideal fit and requires little to no adjustments.
- Use only metal or very rigid plastic trays (perforated are best).
- Ensure the tray is long enough to cover most of the distal molars.
- Check to make sure the cusps are not touching the tray and that the PVS has not loosened from the tray.
- Have patient swallow, which eliminates bubbles and blebs in the impression material.
- Pouring models is not necessary as DDA will pour impressions at no charge using type IV stone for accuracy and strength.
- We will block out excessive undercuts then duplicate using a reversible hydrocolloid material of the master model, articulate on a semi-adjustable articulator and return on the master model for verification.

## Digital Scans

If you have an intraoral scanner, you can send us an open .STL file. We will 3D print the models and fabricate a nightguard. For more information about digital scanning or 3D printing you can refer to our website at [ddalab.com](http://ddalab.com).

## Wax Registrations

A wax registration is preferred (brown laminated bite wafers are best). No PVS (blue moose is springy and conforms to a distorted model). For example, if a 2mm open bite is desired, a bite registration of 2mm thick would be most accurate. A Lucia Jig, or similar, is also recommended. This will be the most accurate way of fabricating a nightguard and will ensure a much faster delivery time. We always check the bite registration against centric occlusion relation. Anterior guidance will be fabricated unless stated differently.

**Please Note:** This is also a great method to take a bite registration for other appliances, such as partials and dentures.

## Shipping & Delivery Service

- 5 days in-lab
- Does not include the day of pickup and delivery

